

# NUESTROS HORARIOS

| Hora          | Lunes                               | Martes                            | Miercoles                           | Jueves                            | Viernes                             | Sábado                            |
|---------------|-------------------------------------|-----------------------------------|-------------------------------------|-----------------------------------|-------------------------------------|-----------------------------------|
| 7:00 - 8:00   | Habana Training<br>Habana Funcional | Boxeo Habana<br>Habana Funcional  | Habana Training<br>Habana Funcional | Boxeo Habana<br>Habana Funcional  | Habana Training<br>Habana Funcional | Habana Training<br>10:00 - 11:00  |
| 8:05 - 9:05   | Boxeo Habana                        | Habana Training                   | Boxeo Habana                        | Habana Training                   | Boxeo Habana                        | Boxeo Habana<br>11:05 - 12:05     |
| 9:05 - 11:00  | Libre                               | Libre                             | Libre                               | Libre                             | Libre                               | Habana Funcional<br>11:05 - 12:05 |
| 11:00 - 12:00 | Boxeo Habana                        | Habana Training                   | Boxeo Habana                        | Habana Training                   | Boxeo Habana                        |                                   |
| 12:00 - 13:00 | Libre                               | Libre                             | Libre                               | Libre                             | Libre                               |                                   |
| 13:00 - 14:00 | Habana Training<br>Habana Funcional | Boxeo Habana<br>Habana Booty      | Habana Training<br>Habana Funcional | Boxeo Habana<br>Habana Booty      | Habana Training<br>Habana Funcional |                                   |
| 14:05 - 15:05 | Boxeo Habana                        | Habana Training                   | Boxeo Habana                        | Habana Training                   | Boxeo Habana                        |                                   |
| 15:00 - 17:10 | Libre                               | Libre                             | Libre                               | Libre                             | Libre                               |                                   |
| 17:10 - 18:10 | Boxeo Habana                        | Habana Training                   | Boxeo Habana                        | Habana Training                   | Boxeo Habana                        |                                   |
| 18:10 - 19:10 | Habana Funcional                    | Habana Funcional                  | Habana Funcional                    | Habana Funcional                  | Habana Training<br>18:15 - 19:15    |                                   |
| 18:15 - 19:15 | Boxeo Habana<br>Habana Training     | Boxeo Habana<br>Habana Training   | Boxeo Habana<br>Habana Training     | Boxeo Habana                      | Boxeo Habana<br>19:20 - 20:20       |                                   |
| 19:10 - 20:10 | Habana Funcional                    | Habana Funcional                  | Habana Funcional                    | Habana Funcional                  | Habana Training<br>20:25 21:25      |                                   |
| 19:20 - 20:20 | Boxeo Habana<br>Habana Training     | Combate Habana<br>Habana Training | Boxeo Habana<br>Habana Training     | Combate Habana<br>Habana Training |                                     |                                   |
| 20:25 - 21:15 | Habana Training                     | Habana Training                   | Habana Training                     | Habana Training                   |                                     |                                   |