

# CERRO EL PLOMO

# NUEVOS HORARIOS 2025

| Hora          | Lunes            | Martes                                 | Miercoles        | Jueves                                 | Viernes          | Sábado           |
|---------------|------------------|--|------------------|--|------------------|------------------|
| 6:30 - 7:30   | Habana Funcional | Power BOX 06:30 - 7:15 AM <b>NUEVA</b> | Habana Funcional | Power BOX 06:30 - 7:15 AM <b>NUEVA</b> |                  | 09:00 - 10:00    |
| 7:00 - 8:00   | Habana Training  | Boxeo Habana                           | Habana Training  | Boxeo Habana                           | Habana Training  | Habana Training  |
| 7:30 - 8:30   | Boxeo Habana     | 07:15 - 08:15                          | Boxeo Habana     | 07:15 - 08:15                          | Habana Training  | 10:00 - 11:00    |
|               | Combate Habana   | Habana Funcional                       | Combate Habana   | Habana Funcional                       | Habana Funcional | Habana Training  |
| 8:05 - 9:05   |                  | Habana Training                        |                  | Habana Training                        |                  | 11:00 - 12:00    |
| 9:10 - 10:15  |                  | Habana Booty <b>PRONTO</b>             |                  | Habana Booty <b>PRONTO</b>             |                  | Boxeo Habana     |
| 9:05 - 11:00  | Libre            | Libre                                  | Libre            | Libre                                  | Libre            | 11:00 - 12:00    |
| 11:00 - 12:00 | Habana Training  | Boxeo Habana                           | Habana Training  | Boxeo Habana                           | Habana Training  | Habana Funcional |
| 12:00 - 13:00 | Libre            | Libre                                  | Libre            | Libre                                  | Libre            | 11:00 - 12:00    |
| 13:00 - 14:00 | Habana Training  | Boxeo Habana                           | Habana Training  | Boxeo Habana                           | Habana Training  | 11:00 - 12:00    |
|               | Combate Habana   | Power Box 13:00 - 13:45 <b>NUEVA</b>   | Combate Habana   | Power Box 13:00 - 13:45 <b>NUEVA</b>   | Combate Habana   | Habanitos        |
|               | Habana Funcional | Habana Funcional                       | Habana Funcional | Habana Funcional                       | Habana Funcional | 12:00 - 13:00    |
| 14:00 - 15:00 | Boxeo Habana     | Habana Training                        | Boxeo Habana     | Habana Training                        | Boxeo Habana     | Habaneras        |
| 15:00 - 17:00 | Libre            | Libre                                  | Libre            | Libre                                  | Libre            | 12:00 - 13:00    |
| 17:00 - 18:00 | Boxeo Habana     | Habana Training                        | Boxeo Habana     | Habana Training                        | Boxeo Habana     | Combate Habana   |
| 18:05 - 19:05 | Habana Training  | Habana Training                        | Habana Training  |  | Habana Training  |                  |
|               | Boxeo Habana     | Boxeo Habana                           | Boxeo Habana     | Boxeo Habana                           |                  |                  |
| 18:20 - 19:20 | Habana Funcional | Habana Funcional                       | Habana Funcional | Habana Funcional                       | Habana Funcional |                  |
| 19:10 - 20:10 | Habana Training  | Habana Training                        | Habana Training  | Habana Training                        | Habana Training  |                  |
|               | Boxeo Habana     | Boxeo Habana                           | Boxeo Habana     | Boxeo Habana                           | Combate Habana   |                  |
| 19:20 - 20:20 | Habana Funcional | Habana Funcional                       | Habana Funcional | Habana Funcional                       | Habana Funcional |                  |
| 20:15 - 21:15 | Habana Training  | Boxeo Habana                           | Habana Training  | Boxeo Habana                           | Habana Training  |                  |
|               | Combate Habana   | Combate Habana                         | Combate Habana   | Combate Habana                         |                  |                  |
| 20:20 - 21:20 | Habana Funcional | Habana Funcional                       | Habana Funcional | Habana Funcional                       |                  |                  |